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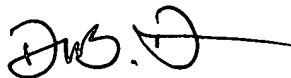
Stamp: OIPE JC193  
MAY 16 2005  
PATENT & TRADEMARK OFFICE  
Express Mail

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\* Admitted only in California  
§ Admitted only in Virginia

- \_\_\_ Letter to the Official Draftsperson;
- X One (1) replacement drawing sheet; and
- X One (1) redlined drawing sheet.
- X To render the transmitted Amendment A timely filed enclosed are the following:
- X Petition for a Two-Month Extension of Time; and
- X Credit Card Payment Form PTO 2038 in the amount of \$450.00 to cover the fee for the extension of time.
- X A Certificate of Express Mail Under 37 C.F.R. § 1.10.
- X Substitute Specification.
- X Substitute Specification with Replacement Markings shown.
- X The Commissioner is hereby authorized to charge payment of the following fees associated with this communication or credit any overpayment to Deposit Account No. 23-3178.
- X Any filing fees under 37 CFR 1.16 for the presentation of extra claims.
- X Any patent application processing fees under 37 CFR 1.17.
- X A duplicate copy of this transmittal letter is attached.
- Dated this 16 day of May, 2005.

Respectfully submitted,



David B. Dellenbach  
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Docket No. 13914.875

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE



Express Mail Label No.: EV 629 666 088 US

PATENT APPLICATION  
Docket No. 13914.875

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In re application of:		)
		)
	Dalebout, et al.	)
		)
Art Unit	3764	)
		)
Serial No.:	10/685,342	)
		)
Confirmation No.:	1258	)
		)
Filed:	October 13, 2003	)
		)
For:	WEIGHT LIFTING SYSTEM WITH INTERNAL CAM MECHANISM	)
		)
Examiner:	Victor Kenny Hwang	)
		)
Customer No.:	022913	)

**AMENDMENT "A"**

Mail Stop AMENDMENT  
Commissioner for Patents  
P.O. Box 1450  
Alexandria, VA 22313-1450

Dear Sir:

In response to the Office action of December 15, 2004, please amend the above-identified application as follows:

**Amendments to the Specification** are found in the "Substitute Specification" and "Substitute Specification with Replacement Markings Shown," which are submitted herewith. The word "cam" in many instances has been changed to "cam follower" as suggested by the Examiner and minor typographical corrections have been made.

**Amendments to the Claims** are reflected in the listing of claims which begins on page 3 of this paper.

**Amendments to the Drawings** include both a replacement sheet and an annotated sheet showing changes, each of which are submitted herewith. Reference numeral 35 has been removed, as suggested by the Examiner.

**Remarks/Arguments** begin on page 11 of this paper.